



# NEW: PATHS For You

## California NEW: PATHS

Professionals Associated Through Human Services

Volume 6 Issue 4 Winter 2007

2008 Conference and Board Nominations

### DISCOVER YOUR OWN GOLD IN SACRAMENTO

January 23 – 25, 2008

by Diane Krebs

Coming soon – Our 19<sup>th</sup> Annual State Training Conference in Sacramento will be held at the Double Tree Hotel on Arden Way, just off Highway 80. It's a great location – right across the street from Arden Fair Mall, and walking distance to several excellent restaurants. You may want to come a day early or stay an extra day to take in the sights of Sacramento. The hotel will honor our conference rates before and after the conference. Visit Old Sacramento, have lunch or dinner on the waterfront, and stroll through the shops. The Railroad Museum, Sutter's Fort, and the State Capital are popular sites to visit.



We are going to have some wonderful workshops and speakers, not to mention a networking luncheon, daily continental breakfasts, snacks between workshops, and a fun-filled night out at the hotel, celebrating "Gold Rush Nights".

This conference promises to be educational, enlightening, and enjoyable. You will make new friends, and find out how others are doing their jobs in other counties. You will find out how policies are viewed from the national and state level. You will also learn how to deal with stress in your jobs and how to work with the partners that support us and our clients.

We look forward to seeing our returning attendees from Bakersfield, and meeting new professionals.

See you in January!

### Treasure Hunt Networking Activity

by Angelica M. Gonzalez

Have you ever wondered what the old miners felt when they had the "Gold Fever" back in the day of the 49ers? Or how it would feel going on a treasure hunt to find a lost gold mine? Not King Solomon's mine or one of the Inca's, but the "Lost Gold Mine of the City Slickers". Then do not despair... If you are a city slicker coming to Sacramento in January 2008, you will get your once in a lifetime chance of finding the

"Lost Gold Mine of the City Slickers" during the annual training conference of *California NEW: PATHS*.

Each attendee will get a treasure map and clues leading to the "Lost Gold Mine of the City Slickers" with prizes for discovery. Come on down and join the fun as you learn new information along the way to Discover Your Own Gold in Sacramento



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#### Mission Statement

The Mission of the California State Chapter of NEW: PATHS is to foster and promote integrity and professionalism in the field of human services.



## **President's message:**

by Debbie Simpkins

My heart and prayers go out to any and all of our members that have been affected by the recent fires that have hit Southern California.

Several of our board members live in the San Bernardino area but we have been fortunate that we live 'down the mountain' and are out of danger. Just know that you are all in our thoughts and we hope that you are safe.

It doesn't seem possible that your State board has just held their final meeting before our conference to be held in Sacramento, January 23-25, 2008. Your board has been hard at work to bring you a varied list of presenters as well as having new sponsors join us and a variety of vendors available. The hotel site, The DoubleTree Sacramento, is conveniently located across from the Arden Fair Mall should you forget anything, but the hotel is a large facility so I suggest comfortable shoes along with your business attire.

You and the California board were well represented at the National NEW: PATHS conference in Detroit with seven board members in attendance (and many more line staff). The conference was outstanding, as usual, and provided us with tremendous workshops that provided us with valuable information; including the workshop by our own Debbie Spears. AND you will need to come to the California conference to see a unique method of exercise to relieve stress; we talked the presenter into coming out to California to repeat this workshop - what a coup! In addition, we had four board members at the County Welfare Directors Association conference in Rancho Mirage in October, with our Cesar Vera conducting a workshop and Jennifer Sipe and I manning a vendor table. All of us talked to many directors and managers in hope of explaining who we are, in building support for the organization and in sending you, our members, to the State conference.

Each year we experience change in our board members, but every year I continue to be impressed by the dedicated group of individuals that are representing you, our membership. We have worked out so many details and know that we will have in place a wonderful conference for you this January. Be sure to check out some of the articles in this newsletter to see some of the exciting things that await you when you get here.

As you can see, your State board has been busy since the last newsletter and we are still see **President** on page 3

## **Farewell To One More Long Term Member....**

by Debbie Simpkins

As mentioned in our previous newsletter, we have had three long-term members who stepped down from the board. With this newsletter, I would like to honor and reflect back on the contributions of our third and final member, **Alice Turney**, from Santa Clara County. I want to thank Alice for her years of service, not only to this board but most importantly, to you....our members.



Alice started her career in Santa Clara County in 1990, working in Social Services as an EW II and III in Intake and supervision before moving on to become a Medi-Cal Program Coordinator. This does not include her years of service to other counties which started back around 1983.

Alice joined NEW (now NEW: PATHS) in 1993 and was co-founder of the Santa Clara County NEW: PATHS Chapter. She was later elected to the State Board of Directors in 1997 where she served the members in a variety of positions, including Newsletter and Finance committees as well as our Chapter Treasurer for several terms.

In fact, Alice became known as our Queen of Finance during her time with the board before she lovingly passed this responsibility over to the next treasurer. Alice stepped down from the board when her term ended in 2005 but graciously returned for one additional year in 2006 when we unexpectedly lost a member before their term ended.

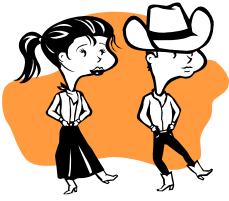
A little trivia about Alice is that she played trombone in her high school band, she enjoys driving her convertible whenever she can, and her favorite vacation spot is Maui. Alice and her husband, Bill, have two children and her granddaughter, Taylor, is one of her favorite things. In fact, Alice has a variety of interests ranging from Taylor, music, movies, reading, gardening, art, traveling, baseball, theatre, her cats and the Monterey Bay Aquarium. As you can see, Alice is a very well-rounded individual and has many interests.

With all her talents and knowledge, she is greatly missed on the board but we are fortunate that she is not gone from our membership. Alice maintains contact with the board and is always there when we need her input. Alice believes in NEW: PATHS and once reflected on her time with board by stating **"you will be pleasantly surprised in the job fulfillment you will gain"**.

As I said in a previous article, being a member of NEW: PATHS brings you many NEW friends and sometimes if you are lucky, someone who is like a member of your family. We will all miss Alice as well as Donald and Robin for their great spirit, strengths, knowledge and solid beliefs in the organization and their desire to serve all NEW: PATHS members.

Thank you, Alice, for being there for all of us and serving us with the utmost integrity!





## Gold Rush Nights

by Diane Krebs

Sacramento County and the Sacramento Valley Chapter of NEW: PATHS are hosting the Thursday Night party during our conference. This is your chance to wear your western gear, and kick up your heels!

You'll have a chance to have your picture taken with the "sheriff".

We will start the evening out with a BBQ Dinner.

There will be line dancing, and an instructor, just in case. We will also have some western dance performances by one of our local high schools. There will be gaming tables, with "funny money" to use, and a chance to bid on prizes with your winnings. There will also be a no host bar, a DJ, and a wagon load of fun!

## First Timers Orientation

by Debbie Simpkins

Have you ever asked yourself these questions?

- What do you do at a conference?
- How do I plan my schedule?

What should I expect AND what is expected of me?

To help answer these questions and *more*, please come to our 1<sup>st</sup> Timer's Orientation scheduled for Tuesday evening, January 22<sup>nd</sup> at 7 p.m. We will share with you on what you can expect, how the conference will flow, and tips on how to make your conference experience the most productive so you will want to come back. Our focus is for you to come, learn, stretch your imagination, exercise your mind and body and have fun doing it all.

Our conference will officially kick off Wednesday morning so you may find it helpful to come Tuesday evening, if you can. Once you are there, check in at the conference registration table or look for posted signs that will tell you where to find the 1<sup>st</sup> Timer's Orientation.

To make this even better, we will introduce you to our process of "On-Time prizes" by giving away a few special items during this orientation....Come on time to be eligible! See you in Sacramento.....

## Doubletree Hotel Sacramento

by Debbie Spears

We want your stay at the hotel while attending the conference to be an enjoyable experience therefore when choosing the site we look at the services and amenities. So when you check into your room at the hotel you will not just get a room key and a cookie. You will have access to the Business Center where you can use the Internet, check your emails, fax paperwork, and copy your paperwork. If you need a Notary Public the hotel can provide that too. There is a restaurant on site where you can enjoy breakfast, lunch, and dinner. They not only have a gift shop and room service but coin laundry service, baggage storage, a car rental desk, an automated Teller (ATM), and a newsstand. For those who are into staying in shape, the hotel has a pool and fitness room.



## Fun Things To Do In Sacramento

by Dee Blankenship

Yes, we do attend the conferences to learn more about our profession, but we also like to play when we are not in session!

For those who like to shop, Arden Fair Mall is just across the street from the conference site. Macy's, Nordstrom's, Black and White, and Coldwater creek are just a few places we know you'll want to visit while you are here. Old Sacramento is just a stones throw away and has many unique shops. You can even take a horse drawn buggy ride, or a water taxi while you're there.

If you like museums, a few of the closer ones are: The Railroad Museum in Old Sacramento, The Town Auto Museum, The Crocker Art Gallery, Sutter's Fort, and the State Capitol Museum.

And don't forget all our friends at the Sacramento Zoo! Golfers, check the weather and then come early and stay late. Bring your clubs and check out some of our public golf courses. I hear Ancil Hoffman, Cherry Island and the Mather Courses are all up to par!

If you live to eat we can help you out there as well. Sacramento has many wonderful places to eat. Try the Cheesecake Factory, McCormick and Schmick's, Morton's, the Elephant Bar or one of Frank Fat's famous restaurants.

Include a day trip or two during your stay. The hotel will honor the conference rate two nights before and two nights after the conference. (Be sure to let them know you are coming for the conference and wish to take advantage of the conference rate.) Take a mini-vacation and strike it rich while visiting Folsom, Sutter Creek, Plymouth, Placerville, or Nevada City.

### President from page 2

busy preparing for your conference, making sure that we provide you with the best experience(s) possible. We have recruited presenters and sponsors from across the country so we hope you will save a little money this holiday season and plan a journey to Sacramento this January 23, 2008.

Finally, we would like to congratulate one of our National/State board members, Jennifer Sipe, on being re-elected to the National Board of Directors for the next three years. Congratulations Jennifer!!!

Come, Discover Your Own Gold in January....Come to Sacramento...Come participate in a wonderful, educational and fun event! See you there!



## President's Reception

by Debbie Simpkins

On Wednesday evening at 6:00 p.m., step into the *California* NEW: PATHS time machine and be taken back to the 1900's so you can join your President and the State Board at a reception for conference attendees, presenters, and sponsors. We are fortunate to have Northwoods as the reception sponsor so you will also have an opportunity to meet some of their representatives. As with last year, I will again do something a little different in regards to the food and drink but I will say that both are planned. We will also have a no-host bar for those of you that would prefer something a little stronger or more refined than what we provide.

Curious yet? Well, take that step back in time and come see what we have planned. Afterwards, stay for an additional activity planned by your Professional Development Committee.

After this event maybe we'll even reprogram our time machine for the 1800's in California so you can join us for Thursday evening's event....hmmm, sounds like an idea!!!

## Fundraising

by Patsy Meraz

The fundraising committee is busy selecting items for the 2008 conference in Sacramento. Look for an opportunity to buy tickets for a drawing for a beautiful basket from the Central Valley filled with wine, cheese and fruits. We will be offering our Blue Denim Shirts at a greatly reduced price; and as always, we will also have several other smaller items that can be purchased for yourself or to take back to your coworkers. In addition to the Board's offerings be sure to check out the vendors tables with their unique items. As always the board is excited and looking forward to seeing you at the conference.



## Directions to "Discover Your Own Gold in Sacramento"

by Debbie Spears

### From the Airport:



**Sacramento Airport-** Take I-5 south to the Garden Highway exit. Turn left on Garden Highway, following Garden Highway as it turns into Garden-Arden access. Continue until it turns into Arden Way. Continue on Arden Way, going under Interstate 80. Directly after I-80, on Arden Way, the hotel grounds will be on the right hand side. Turn right on Point West Way. It is approximately 12 miles from the airport. You can rent a car at the airport or use the Super Shuttle, take a taxi or the bus.

**Oakland Airport-** Follow signs to Bay Bridge-take 80 East towards Sacramento. Merge to Hwy 50 East towards Placerville. Take Capital City Freeway (Business 80) East towards Reno. Exit Arden Way East. Turn right on Point West Way. It is approximately 82 miles from the airport.

**San Francisco Airport-** Take 101 North/San Francisco to Bay Bridge-take 80 East towards Sacramento. Merge to Hwy 50 East towards Placerville. Take Capital City Freeway (Business 80) East towards Reno. Exit Arden Way East. Turn right on Point West Way. It is approximately 99 miles from the airport.



### By Car:

Coming up from I-5, going North: Take I-5 to Hwy 50. Take Hwy 50 east to Business 80/Capital City Freeway east. Exit at Arden Way east, keep right. Take the first right onto Point West Way.

Going down I-5, going South: Take the Garden Highway exit, turning left onto Garden Highway. Continue on Garden Highway until it turns into Garden-Arden. Continue on Garden-Arden as it turns into Arden Way. Continue on Arden Way, going under Interstate 80. Directly after I-80, on Arden Way, the hotel grounds will be on the right hand side. Turn right on Point West Way.



**Do you have a great product? Would you like to expand your customer base, and at bargain rates? We have space for you, in our newsletter reaching hundreds of NEW: PATHS members and their families throughout California. For more information, please contact any of the Newsletter Staff. Space is available for \$5.00 per column inch.**



**Heraldry**

We do coat of arms, surname history, and the meaning of first names. We have the perfect gift for birthdays, weddings, anniversaries, new baby or that hard to find gift.

This is a very unique gift and makes for a wonderful memory and heirloom.

**Viking Hearts, Inc.**  
Check our Ebay store or call us toll free at (866) 811-8600.  
Our e-mail is [vikinghearts@sbcglobal.net](mailto:vikinghearts@sbcglobal.net)



## Nomination Form

### Resume for Nomination to the *California* NEW: PATHS Board Of Directors

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Home Telephone: (\_\_\_\_) \_\_\_\_\_ Work Telephone: (\_\_\_\_) \_\_\_\_\_

Email Address: \_\_\_\_\_

Agency Name: \_\_\_\_\_

Agency Address: \_\_\_\_\_

Current Position/Title: \_\_\_\_\_

Current Job Description: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Date Joined NEW: PATHS: \_\_\_\_\_

NEW: PATHS Involvement: (What kind of participation? Conferences attended? Chapter Involvement?)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Your Vision for NEW: PATHS

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What can you contribute as a State Board member? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Form continues on the next page

Statement for inclusion on the ballot (100 word maximum; longer statement will be reduced to the first 100 words verbatim)

Please provide two references who have knowledge of your NEW: PATHS involvement  
(Cannot be a current State Board member)

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Home Telephone: (\_\_\_\_) \_\_\_\_\_ Work Telephone: (\_\_\_\_) \_\_\_\_\_

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Home Telephone: (\_\_\_\_) \_\_\_\_\_ Work Telephone: (\_\_\_\_) \_\_\_\_\_

**Send this resume, \*postmarked by January 18, 2008, to:**

**California NEW: PATHS**

P. O. Box 276966

Sacramento, CA 95827

For more information on the responsibilities and activities of the *California* NEW: PATHS Board or on completing this resume call or email any member of the Board. Information on the back page.

Nomination/Credentials Committee Members:

Sarah Ross (chair) Dee Blankenship, Diane Krebs, Kathy Watkins

**\*If submitted at the conference, due by January 25, 2008 at 10 am.**

## IT COULD BE YOU DRESSED IN BLUE

by Donna Cobb

At the Annual California State Conference you may have noticed the Board Members dressed in blue for the opening ceremony. This year we have six open positions on the State Board of *California* NEW: PATHS and now is the time for you to run for one of these positions. The criteria requires that you be a member for one year prior to January 31<sup>st</sup> of the election year, 2008. You must be willing to dedicate and commit to serve a three year term. You cannot have a current Board member sign your nomination form as a reference.

The Board meets four times a year and requires you to travel throughout California. Out of town lodging is with other Board members and the cost is covered by the chapter. Transportation and meals are your responsibility if your county does not provide reimbursement. These expenses are tax deductible.

While on the Board you will have the opportunity to serve on several committees and volunteer for various assignments. We take pride in our "TEAM" work philosophy. If you are looking for the opportunity to increase your professional marketability, are not afraid of hard work balanced with fun and excitement, and networking with dedicated professionals who love their jobs, we invite you to complete the nomination form included in this issue. Your nomination form must be postmarked no later than January 18, 2008. We will also be accepting applications at the State Conference in Sacramento, until Friday, January 25<sup>th</sup> at 10 am. See you in Sacramento.

## National NEW: PATHS Membership Application

email address: [new@nationalnew.org](mailto:new@nationalnew.org)

Website: <http://www.nationalnew.org>

Your Name \_\_\_\_\_

Your Email Address \_\_\_\_\_

Billing Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Telephone \_\_\_\_\_

Agency Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Work Phone \_\_\_\_\_

Job Title \_\_\_\_\_

Please make check payable  
to:  
NEW  
PO BOX 371  
PAW CREEK, NC 28130-0371

|                        |            |             |                               |
|------------------------|------------|-------------|-------------------------------|
| <b>Membership Type</b> | Circle one | Individual  | Associate                     |
| <b>Rate</b>            | Circle one | 1 yr - \$35 | 3 yrs - \$90    5 yrs - \$140 |

## Moderators Needed

by Angelica M. Gonzalez

Can you hear it, Can you feel it? Can you hear the call of the unknown, pulling you north to Sacramento to hear new information? Can you feel the thrill of the excitement taking you to new heights in Sacramento? If you feel that this fits you, come and join the others who feel the same and become a Moderator at the next *California* NEW: PATHS annual training conference being held in Sacramento January 22-25, 2008. As a Moderator you can pick and choose which workshop you can attend and have the added bonus of meeting the presenters. Come discover in person the hidden treasures of being a Moderator.



## How Can I Sponsor the State Chapter?

Being a non-profit organization, the California State Chapter of NEW: PATHS relies on the generous support of other organizations, businesses and individuals associated with human services.

This support comes in various forms such as newsletter advertisements, vendor tables at our training conferences, training scholarships, and sponsorship of workshops and functions at our conference. If you are interested in lending your support or know someone that may be interested please contact Debbie Simpkins at (909) 862-2296 or email at: [ddsimpkins@earthlink.net](mailto:ddsimpkins@earthlink.net)



## California —NEW: PATHS

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Look for us on the Net  
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Discover Your Own Gold  
in Sacramento  
California NEW: PATHS  
Annual Training Conference  
January 23-25, 2008